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## The Challenges Of Finding Affordable Housing For Seniors

Proper housing plays an important role in one's happiness. Given the choice, most seniors would like to "age in place" and live independently in their own homes throughout retirement. Unfortunately, even when costly in-home health care can be arranged to help with daily activities and medical conditions, the financial and physical burden of maintaining a house can make it hard, if not impossible, to continue living independently in the long-term. The reality is, "aging in place" isn't always a viable option and it is wise to consider alternative forms of senior housing, such as **Assisted Living Communities**. Choosing which assisted living situation is right for you will depend on your individual needs and desires.

The Baby Boomer generation is celebrated for being industrious and enthusiastic, and those qualities don't end at retirement. Baby Boomers reaching their senior years remain active in their communities and continue to impact the nation as a whole. It is no surprise then that Baby Boomers are looking for **senior housing** situations that encourage and support their continued individual and social endeavors. Assisted-living communities are proving to meet their needs. The choice of assisted-living makes it easier for aging Baby Boomers to carry out daily activities with ease while also engaging in their communities and enjoying intimate social gatherings.

Seniors living with Alzheimer's face a different set of challenges. It is important for this group of seniors to find a senior housing situation that is equipped to meet their medical needs. Oftentimes people living with **Alzheimer's** or **Dementia** expect they will eventually need to move into an Alzheimer's unit in a nursing home, but that choice can be undesirable due to the clinical nature of a nursing home.

Thankfully, there are other options. Some assisted living communities offer special care units for seniors with Alzheimer's that are designed to be very safe and comfortable with activities designed to benefit the person with Alzheimer's. These units, however, will differ in the level of care they provide along the continuum of the disease and it is worth investigating their capabilities before selecting the **assisted living home** that is right for you.

It is also important for a **senior with Diabetes** to be closely monitored and given proper medication, which may become difficult living alone. Finding an assisted living situation that can supply the proper medication and provide **attentive medical care** makes living with Diabetes easier and frees you to pursue enjoyable activities. Like with Alzheimer's, **assisted living facilities** vary greatly in that the level of care they can offer Diabetics. If you have Diabetes, you will be well-served to look for a housing situation that can meet your long-term medical needs.

**Safe Haven at Lenox Park in Atlanta, GA** provides affordable high-quality housing with continued life enrichment opportunities for vivacious seniors who continue to enjoy an active social calendar. Safe Haven also offers state of the art medical care that makes it possible for residents to forget about their medical conditions and focus on enjoying life instead. Safe Haven boasts a comprehensive Alzheimer's program as well as full-spectrum Diabetes Management. The staff and caregivers are the best in their fields and are fully-equipped to meet the current and future medical needs of the residents. It is important to take into consideration your individual needs and circumstances when deciding what kind of senior housing is right for you. Use Safe Haven at Lenox Park as a model of what an **affordable personal care home** should offer. Your happiness may depend on it.